

Carry  
each  
others  
burdens

## STAY INFORMED

Are you on the email list for weekly updates, urgent notifications, and prayer requests?

If not please email Amy at:  
[amy30655@yahoo.com](mailto:amy30655@yahoo.com)

## HEARING DEVICES

If you need a hearing device please  
let Tom Tittle know!

## PANTRY NEEDS!!



**OUR STOCK IS LOW!  
PLEASE HELP US  
RESTOCK IT!**

Canned Meat & Veggies • Cereal • Noodles • Sauce • Canned Fruit  
Rice • Mac & Cheese • Peanut Butter • Jelly • Oatmeal

## COME BACK THIS EVENING!

Mid-Week Meal-6PM-FELLOWSHIP HALL

October 14th-LADIES DAY-Conyers church of Christ

PRESSING FORWARD • THURSDAY • 6PM

October 14th-FALL FESTIVAL • SIGN-UP SHEET IN THE FOYER

**COMMUNICATION CARD** **MONROE CHURCH OF CHRIST**

I am a... ☐ Guest ☐ Regular Attendee ☐ Member ☐ New

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

☐ Married ☐ Single ☐ Divorced

☐ 18-29 ☐ 30-39 ☐ 40-49 ☐ 50-59 ☐ 60-69 ☐ 70+

Current School Grade of Kids: \_\_\_\_\_

# WELCOME!

BIBLE STUDY • PRAYER REQUESTS  
RENEW YOUR RELATIONSHIP WITH GOD  
MEMBERSHIP REQUESTS  
TRAVEL PLANS

If you are visiting please fill  
out a Communication Card!

## PRAY FOR EACH OTHER!

## ELDERS

CAUSIE CRANE  
ED SMITHPETERS  
FRANK THOMASON

## DEACONS

RON BERRONG • JOHN HUGHES  
DENNY JOHNSON • DWAYNE MCCANNON  
DALE SIMPSON • JEFF VINES



*Church Of Christ*  
MONROE, GEORGIA

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[churchofchristmonroega.org](http://churchofchristmonroega.org)

## Assembly Times:

**Sunday**  
Bible Study-9:30 am  
Worship-10:30 am  
PM Worship-5:00 pm

## Wednesday

Bible Study  
Evening  
7:00 pm

## WELCOME

OCTOBER 1, 2023

You are truly our honored guests! We hope that you find our Bible Study and Worship Service beneficial to you. We seek only to worship God in the same manner as done by Christians when the church began in Acts 2.

## CONNECTION CARDS

Please fill out a Connections Card in the pew in front of you. Pass it to the end of your row to be collected.

**We are so glad you are here with us today!**

## PLAN OF SALVATION

Hear	Believe	Repent	Confess	Baptized	Live Faithfully
Romans 10:17	John 8:24	Acts 17:30	Romans 10:9-10	Acts 22:16	Matthew 7:21

*If you have any questions please let us know!*

## PRAYERS

Do you need prayers? Whether it's health, personal, or for others we will pray for you!

The Thomasons, Courtney Blanchard, Clyde Hill, Sharon Judy, Beverly Battaglia, Elvis Pressley, Juanita Seine, Josie Lott, Pat Thomas, Eileen Wood, Audley Samuels, Jewel Taylor, Julian Pressley, Gloria Ansley, The Heins, Becky Stephens, Karon Sims, Dorothy Hughes, Meredith Nash, The Bowdens, Causie Crane, Raven Knox ...and many others!

## UPCOMING DATES AND EVENTS

*Mens Weekly Breakfast:*  
Wednesdays 9AM at the Pot Luck Cafe  
*Ladies Monthly Bible Study:*  
WILL RESUME IN THE FALL  
*Youth Devos: Fourth Sundays*  
*Care Groups: 1, 2, 3rd Sundays*

**OCTOBER 4TH**  
MIDWEEK CONGREGATIONAL MEAL  
**OCTOBER 11TH**  
MIDWEEK CONGREGATIONAL MEAL  
**OCTOBER 14TH**  
FALL FESTIVAL

### Get a Move On!

In 1983, a half-hour aerobic workout show called "Bodies in Motion", featuring Israeli workout guru Gilad Janklowicz, was launched and ran on ESPN for ten years. The program was very popular, and featured Gilad and a group of exercisers going through the paces of a 20 minute routine that you could do right in your own living room. Sadly, it is an almost certainty that many folks watched the program from the comfort of their easy chairs while admiring the attractive young exercisers.

It is a well-known fact that our human bodies were created for motion. The active person can enjoy better health, improved attitude, and good, overall well-being. On the other hand, a sedentary lifestyle can lead to many chronic health problems, rendering the person unable to be active, even if they wanted to. Our physical bodies are wonderfully created and as believers, we must be good stewards of our physical being.

Just as it is important to keep our "bodies in motion", Christians must keep their spiritual selves moving too. When we obey the gospel, we begin a spiritual journey and from that moment on we commit to growing spiritually for the rest of our lives. (1 Peter 2:2; 2 Peter 3:18; Eph. 4:15) There are no easy-chairs in the kingdom of God, no time to prop our feet up and lay around, rather we are to be enthusiastic in spirit, serving the Lord. (Rom. 12:11) Have you ever noticed how many action statements are found in the New Testament? We are to love one another, worship in spirit and in truth, pray without ceasing, have the same care for one another, do good to all, grow in knowledge, walk in the light, and the list goes on and on.

Why don't we take a moment and examine ourselves to make sure we're not taking the easy path that leads to spiritual destruction, (Matt. 7:13) but rather have an action-packed faith that's moving towards heaven.

Jay Launius

### ELECTRONIC BULLETIN

If you'd like to receive the bulletin by email please send Crissy your email address.

trudyblue1@yahoo.com

## FALL FESTIVAL

**We will have a booth at the Fall Festival, October 14th. We need volunteers to help with the booth. There is a signup sheet in the foyer.**

**WEDNESDAY EVENINGS-6PM  
MEAL BEFORE BIBLE CLASS  
Food is provided.**



**Any ladies planning on going  
needs to register on their website.  
They need a count for food**

Linda Parker was recently baptized.

Gloria Ansley came forward asking for prayers.

MaryNell has a new grandbaby!

Please pray for each other.

